## Aboriginal Women's Services

## Yorgas Own Time Midland

Aboriginal women are invited to join the Womens Health and Family Services Arts and Crafts & Health Promotion.

- Tips and strategies to maximise physical, social and emotion well-being.
- Women's health and wellbeing issues

Activities may include:

 Painting • Jewellery making • Weaving • Clay work and much more...

To enquire about joining this group or for more information call us on 6330 5400 or email kylie@luma.org.au



## Midland Yorgas Own Time

Monday 10am — 1pm 5<sup>th</sup> Feb — 25<sup>th</sup> Mar 2024

24 Junction Place, Midland

AWS Team members: kylie 0408 321 253

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## Email:

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