

Smart Recovery Group-Mixed Gender

SMART (Self-Management and Recovery Training) for people who want to work through any behaviour change.

SMART Recovery is a free group program to help anyone with any issues they may be experiencing regarding addiction to alcohol or other drugs or issues around relationships, gambling and finances,

Guided by trained peers and professionals, participants come to help themselves and help each other in a safe and supportive space.




Smart Recovery Cyrenian House


Mondays 1:30—3:00pm

No appointment necessary

Cyrenian Central

 318 Fitzgerald Street, Perth, 6000

 9328 9200

 enquiry@cyrenianhouse.com

Call Karen at LUMA for
more information

0415 729 877

Email: wellness@luma.org.au



LUMA FOR HER HEALTH
AND WELLBEING