

# Circle of Security for Men

## An 8 Week Parenting Programme

Using the COSP model our facilitators will help you to:

- Understand your child's emotional world by learning to read emotional needs
- Support your child's ability to successfully manage emotions.
- Enhance the development of your child's self esteem
- Honour the innate wisdom and desire for your child to be secure



## Kids in Focus

Thursdays

6pm — 8pm

8th Feb —  
28th March 2024



[luma.org.au](http://luma.org.au)

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To enquire about joining this group Contact the KIF team.

Contribution towards a light supper will be requested depending on income.

**LUMA** FOR HER HEALTH  
AND WELLBEING