

HER SHIELD: Knowledge is Power

A Family & Domestic Violence
Group with Practical Support

Luma Joondalup

Tuesdays 10am - 12pm

6 May 2025 - 17 June 2025

Joondalup Lotteries House

1st Floor, 70 Davidson Terrace



A 7-week Support Group discussing practical supports around Family & Domestic Violence including;

- What is abuse and coercive control
- Safety planning
- Housing application tips and information
- Advice regarding re-gaining control of your finances
- Tech safety
- Assistance to build connections, confidence and self-esteem to foster recovery
- Gain education and information in a supportive setting because knowledge is power.

To enquire about joining this group or for more information:

Call us on 9328 1200 or

Email us at FDV@luma.org.au

www.luma.org.au