

# Tuning Into Kids

## A 6-Week Parenting Programme

Using the TiK model our facilitators will help you to:

- Learn about emotional intelligence and why it's important.
- Talk with and better understand your child.
- Support your child's ability to successfully manage emotions.
- Support your child to have greater success in making and keeping friends.
- Support your child to deal with conflict.

**Creche available for children 5 yrs and under**  
**Bookings are essential**



To enquire about this group please contact the KIF team on 6330 5400 or email: [intake@luma.org.au](mailto:intake@luma.org.au)

## Kids in Focus

Tuesdays  
12:30pm — 2:30pm

30<sup>th</sup> Jul to 3<sup>rd</sup> Sep  
2024



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AND WELLBEING