

Healing Wombs and Connection: an art therapy journey

PERINATAL MENTAL HEALTH PROGRAM

In this 8-week art therapy group we begin to make sense of any birth trauma we may have experienced and the impacts it has had on our connections. No art experience necessary.

Contact the PNMH team to inquire about or register for the group. Limited creche spaces are available. Registration required; light refreshments provided.



Healing Wombs

Tuesdays
10am — 12pm

6th May —
24th June 2025

luma.org.au

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Northbridge WA

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Email: pnda@luma.org.au

All donations to this program are gratefully received and will enable others to receive perinatal support.

LUMA FOR HER HEALTH
AND WELLBEING