

Body Esteem Program (BEP) for Supports

FOR FAMILY, FRIENDS AND CARERS WHO HAVE A LOVED ONE WITH AN EATING DISORDER

A monthly support group facilitated by people with a lived experience of supporting a loved one into recovery

- Meet and connect, face-to-face or online with others who may be in a similar situation
- Group discussions with support from BEP Carer Peers
- Receive information and resources about the nature of an eating disorder and recovery
- Central location (Northbridge)
- Cost is free



To find out more information or register your interest to attend, contact the BEP team.

Monthly Coffee Meetings 2025

Last Wednesday of the month

5:45pm — 7:15pm

luma.org.au

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LUMA FOR HER HEALTH
AND WELLBEING