

# Body Esteem Program (BEP) for Supports

**FOR FAMILY, FRIENDS AND CARERS WHO HAVE A LOVED ONE (UNDER THE AGE OF 20YRS) EXPERIENCING AN EATING DISORDER**

A weekly group facilitated by people with a lived experience of supporting a loved one into recovery

- Meet and connect, face-to-face with others who may be in a similar situation
- Hear recovery stories
- Guest presentation from Luma's Dietitian
- Receive information and resources about the nature of an eating disorder and recovery
- Central location (Northbridge)
- Register via [BEP@luma.org.au](mailto:BEP@luma.org.au)
- Free Service



To find out more information or register your interest to attend, contact the BEP team.

## Youth Carer Program

Monday evenings

5:00pm — 7:00pm

[luma.org.au](http://luma.org.au)

227 Newcastle Street,  
Northbridge WA

Telephone: 6330 5400

Email: [BEP@luma.org.au](mailto:BEP@luma.org.au)

**LUMA** FOR HER HEALTH  
AND WELLBEING