

Body Esteem Program (BEP) for Supports

FOR FAMILY, FRIENDS AND CARERS WHO HAVE A LOVED ONE (UNDER THE AGE OF 20YRS) EXPERIENCING AN EATING DISORDER

A weekly group facilitated by people with a lived experience of supporting a loved one into recovery

- Meet and connect, face-to-face or online with others who may be in a similar situation
- Hear recovery stories
- Guest presentation from Luma's Dietitian
- Receive information and resources about the nature of an eating disorder and recovery
- Central location (Northbridge), or via MS Teams
- Register via BEP@luma.org.au
- Free Service



Youth Carer Program

Monday evenings

5:00pm — 7:00pm

luma.org.au

227 Newcastle Street,
Northbridge WA

Telephone: 6330 5400

Email: BEP@luma.org.au

To find out more information or register your interest to attend, contact the BEP team.

LUMA FOR HER HEALTH
AND WELLBEING