

How to support a loved one with an eating disorder

ONE DAY WORKSHOP FOR PARENTS AND CARERS: PARENT/PARTNER EDUCATION AND SUPPORT PROGRAM (PESP)

If you are a family member, friend or carer of someone experiencing an eating disorder, it's important for you to feel supported and well-resourced.

This informative workshop will give you information, about the nature of eating disorders, and tips on how to care for your loved one, so you can feel empowered in your role as carer and ally.

'Thank you to the facilitators for the outstanding session. Very informative and so grateful our daughter shared with us to help her going forward with her eating disorder.'

'It was great meeting with others to hear their experience and relate.'



Cost: \$75 for 1 person and \$25 for additional family members. The workshop is free for carers of people enrolled in our Body Esteem Program, and for concession card holders

**Saturday, 30th
November 2024**

9:30am - 4:00pm

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