

# Aboriginal Women's Services

## Yorgas Own Time Midland

Aboriginal women are invited to join the Womens Health and Family Services Arts and Crafts & Health Promotion.

- Tips and strategies to maximise physical, social and emotion well-being.
- Women's health and wellbeing issues

Activities may include:

- Painting ▪ Jewellery making ▪ Weaving ▪ Clay work and much more...



All donations to this program are gratefully received and will enable others to receive support.

## Midland Yorgas Own Time

Monday  
10am — 1pm

15<sup>th</sup> July— 16<sup>th</sup>  
September  
2024

24 Junction Place,  
Midland

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**LUMA** FOR HER HEALTH  
AND WELLBEING