

# Body Esteem Youth Program (BE-YP):

## REFERRAL FORM



Client name: \_\_\_\_\_ Aged 16-20yrs

Date of birth: \_\_\_\_\_ Gender: \_\_\_\_\_ Preferred pronouns: \_\_\_\_\_

Address: \_\_\_\_\_ Suburb: \_\_\_\_\_

Email: \_\_\_\_\_ Mobile: \_\_\_\_\_

I confirm the client named above has consented to this referral **or**  I am self-referring

The BE YP is delivered alongside a (separate) Parent/Carer program. Please provide the details of a nominated support person the client may wish to attend:

Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

Relationship to client: \_\_\_\_\_

I (client), give permission for the above support person to liaise with the BEP team for the purposes of organising my Intake Assessment.

### GP DETAILS

Doctor: \_\_\_\_\_ Practice: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

### REFERRER DETAILS (IF NOT GP)

Name: \_\_\_\_\_ Organisation: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

I (client), give permission for the BEP team to liaise with the referrer regarding this referral.

### CURRENT EATING DISORDER EXPERIENCE/DIAGNOSIS:

Anorexia Nervosa (AN)  Bulimia Nervosa (BN)  Binge Eating Disorder (BED)

Other Specified Feeding or Eating Disorder (OSFED)  Other \_\_\_\_\_

### OTHER PRESENTING ISSUES OR ADDITIONAL INFORMATION/COMMENTS:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### REFERRER ACKNOWLEDGEMENT

I (referrer), acknowledge that Body Esteem Program is a **recovery focused, peer support program.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please submit this referral to Luma's Body Esteem Program via [BEP@luma.org.au](mailto:BEP@luma.org.au)