

Aboriginal Women's Services

Yorgas Own Time – Belmont

Aboriginal women are invited to join the Womens Health and Family Services Arts and Crafts & Health Promotion.

- Tips and strategies to maximise physical, social and emotion well-being.
- Women's health and wellbeing issues

Activities may include:

- Painting ▪ Jewellery making ▪ Weaving ▪ Clay work and much more...

for more information call us on 6330
5400 or email info@luma.org.au



Yorgas Own Time - Belmont

Tuesday
10am —
1.00pm

6th Feb — 26th
Mar 2024

Rivervale Community
Centre — Belmont

Kylie - 0408 321 253

Email: info@luma.org.au
kylie@luma.org.au

LUMA FOR HER HEALTH
AND WELLBEING