

Discuss food and nutrition with our qualified and passionate dietitian.

Michelle Sladden brings 30 years' experience to the role of Luma's dietitian. She works alongside you to create meaningful and sustainable lifestyle changes, at your own pace.

Michelle is passionate about using food as medicine and has treated many health conditions over the years through nutritional therapy. She is experienced in working with PCOS, irritable bowel syndrome, improving heart and liver health, disordered eating patterns, gastrointestinal issues and more.

'I don't believe in diets and restrictions. I believe in healthy, long-term, and enjoyable solutions to feeling better in your body.' — Michelle



Appointments available
Mondays & fortnightly
Wednesdays at Luma,
Northbridge.

Enquire with reception:
receptionNB@luma.org.au

6330 5400

luma.org.au

227 Newcastle Street,
Northbridge WA

Medicare rebates are available for
GP management plan referrals.
Private paying clients are also
welcome; you may receive a rebate
from your health fund.

LUMA
FOR HER HEALTH AND WELLBEING